



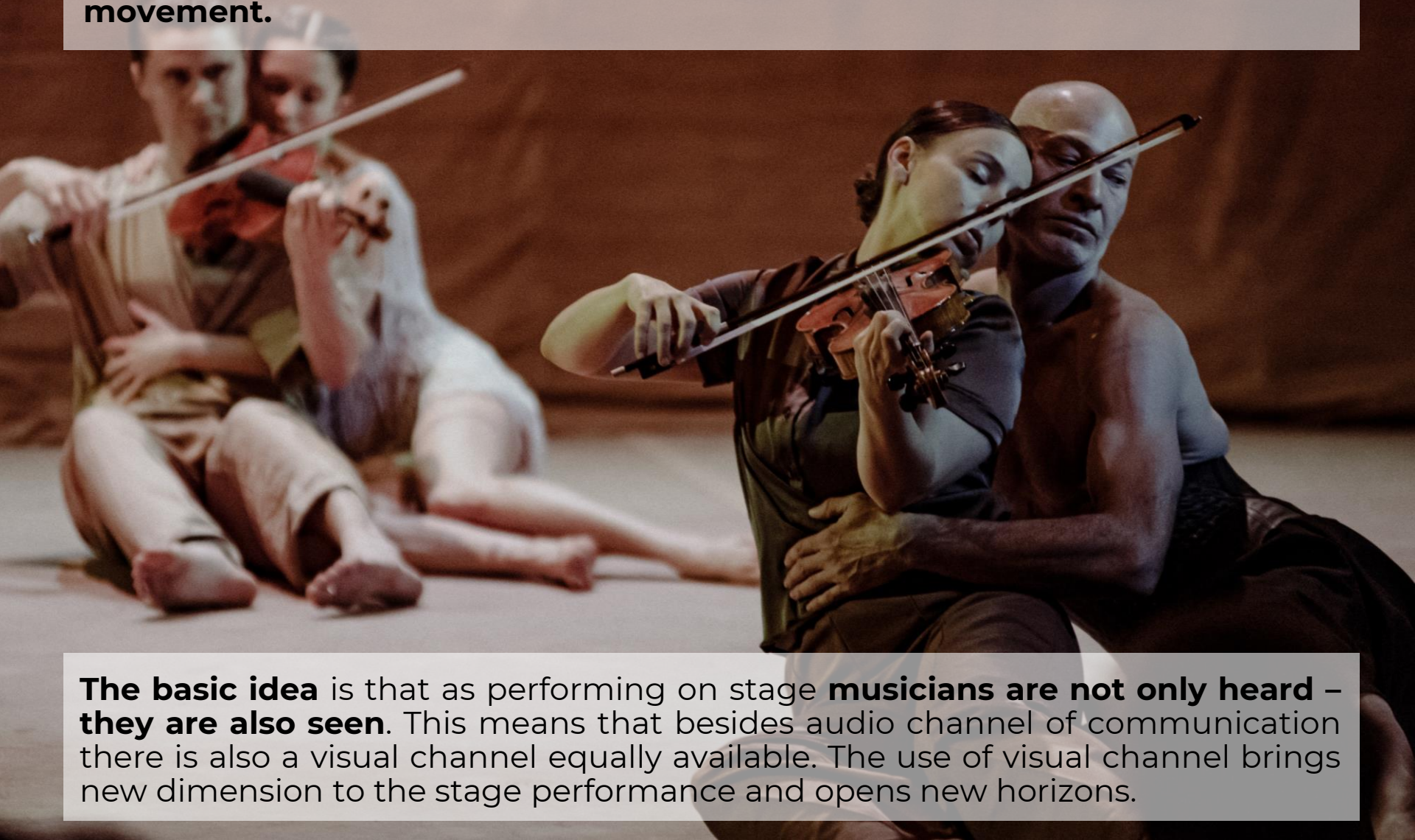
# Instrumental-Physical Theater

The future of classical music is here



# What is IPT

**Instrumental-Physical Theater (IPT)** is a new genre of music theater, where musicians deeply master contemporary dance as a means of communication and start to speak with the audience **equally both with sound and movement.**



**The basic idea** is that as performing on stage **musicians are not only heard – they are also seen.** This means that besides audio channel of communication there is also a visual channel equally available. The use of visual channel brings new dimension to the stage performance and opens new horizons.





# What we offer

***We as Instrumental-Physical Theater company offer*** a one-year\* contemporary dance course for musicians (strings), based on our three stagings\*\*:

- ***The Four Seasons***  
by Antonio Vivaldi
- ***Quartet N°8***  
by Dmitry Shostakovich
- ***Der Tod und das Mädchen***  
by Franz Schubert

\* The duration of the course is flexible

\*\* Stagings were shown in the Great Hall of Moscow Conservatory, Moscow Performing Arts Center, Cultural Center "Rassvet" and others

# Content

## Course contains three blocks:

1. Contemporary dance basics
2. Staging rehearsals
3. Staging performance

## Contemporary dance basics include such themes as:

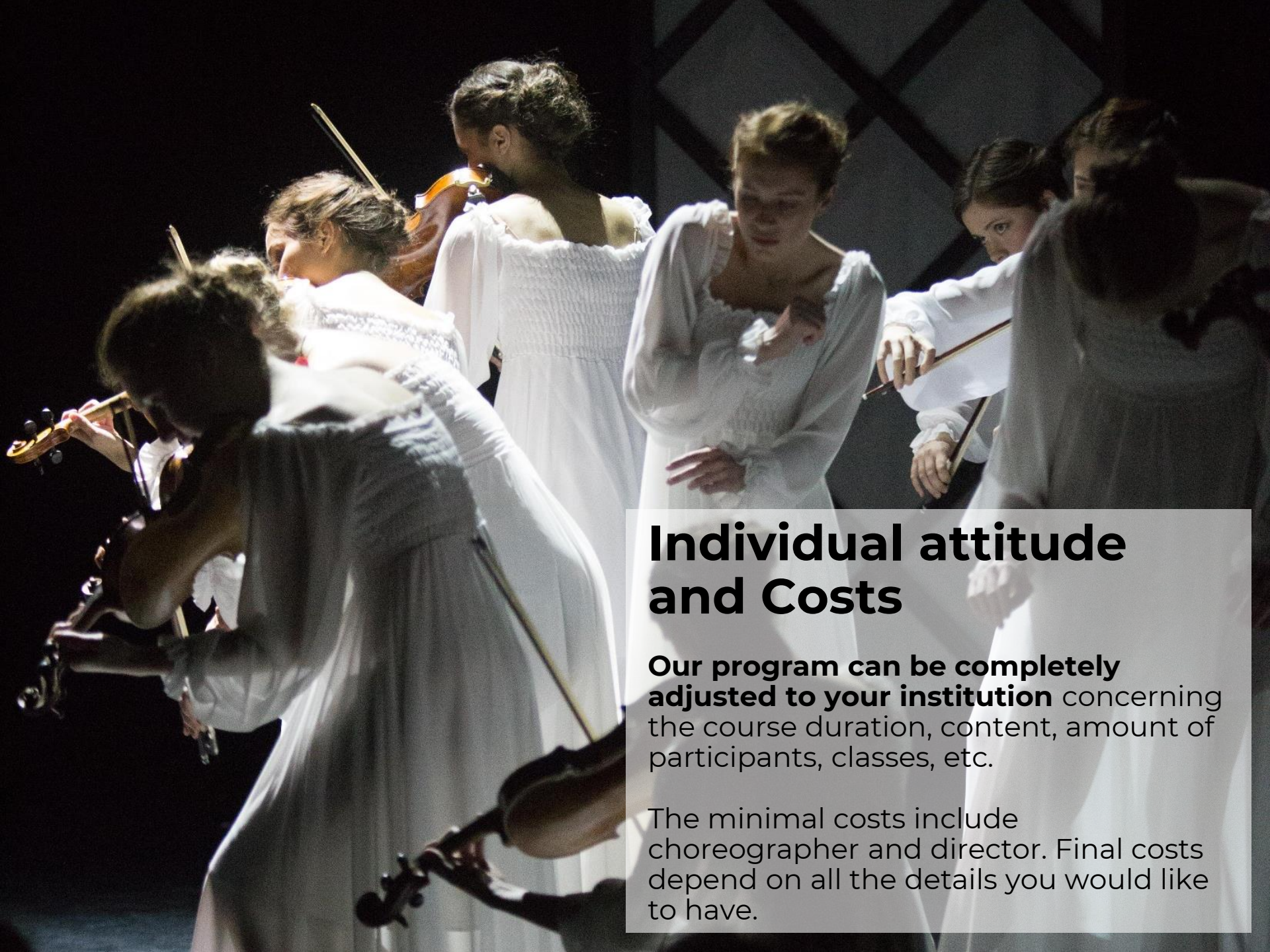
- presence on stage;
- physicality and musicality;
- work with professional tensions in the body and their release;
- interaction in the ensemble;
- work with action, movement and dynamic spatial composition during performance

## Stagings are grouped in two:

1. Vivaldi *The Four Seasons*
2. Shostakovich *Quartet N°8*,  
Schubert *Der Tod und das Mädchen*







## Individual attitude and Costs

**Our program can be completely adjusted to your institution** concerning the course duration, content, amount of participants, classes, etc.

The minimal costs include choreographer and director. Final costs depend on all the details you would like to have.

# Our Team



**Boris Zhilinskiy**  
Producer, stage  
director, author



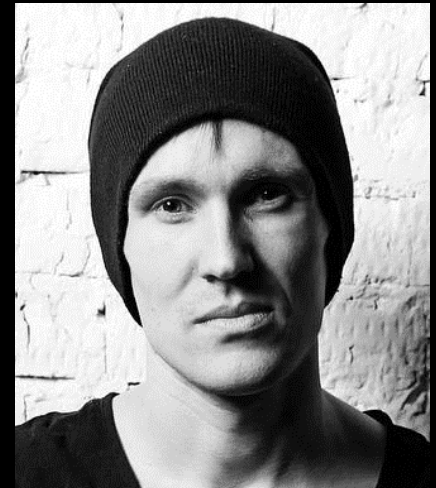
**Anna Garafeeva**  
Choreographer, Teacher



**Alexander Frolov**  
Choreographer, Teacher



**Ulduss Bakhtiozina**  
Costume design, Styling



**Alexander Andriyashkin**  
Choreographer, Teacher





## Contacts

Please contact us to discuss bringing Instrumental-Physical Theater course into your institution:

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